

#### **November 1, 2012**

**E-UPDATE FROM CSSRC** ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this email to others on your email list with an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website** www.Colorado.gov/SchoolSafetyResourceCenter

## COLORADO SCHOOL SAFETY RESOURCE CENTER TRAININGS

- Youth Suicide Prevention and Intervention Symposium Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Office of Suicide Prevention (CDPHE), with support from Aurora Public Schools
  - Thursday, November 29, 2012, 8:00am 3:30pm, Aurora Public Schools Professional Learning and Conference Center, 15771 E. 1<sup>st</sup> Avenue, Aurora, CO 80011 \*\*Registration is open\*\* Course ID# 1034667
  - Featuring Special Guest Speaker: Mary Margaret Kerr, Ed.D., University of Pittsburgh
  - **Keynote address:** *Components of a Comprehensive School Approach* specifically designed for school administrators. This keynote address will be Livestreamed across the state from 8:30am 10:30am. The CSSRC website will also have the web access information.
  - Link for Livestream: <a href="http://new.livestream.com/cdphepsd/YSP">http://new.livestream.com/cdphepsd/YSP</a>
    If you plan to access the Livestream of this event, please contact the Colorado School Safety Resource
    Center at 303-239-4435 or <a href="mailto:Bridget.ODell@state.co.us">Bridget.ODell@state.co.us</a>. We would like to track which districts throughout the state participate.
  - **Designed for:** school administrators and school suicide intervention teams, including school psychologists, school social workers, counselors, SROs, nurses, special educators, teachers, community partners, and crisis response teams
  - No charge for Colorado participants. Space is limited and registration is required.
  - Registration Instructions: Please go to <a href="www.co.train.org">www.co.train.org</a>. Set up a learner account and register for the Symposium location and date using the course ID number: 1034667. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
  - See the Youth Suicide Prevention and Intervention Symposium Flyer for more information.
- Bullying Prevention Institute Sponsored by Colorado School Safety Resource Center, Colorado Department of Education, and Colorado Legacy Foundation

- Thursday, December 6, 2012, 8:00am 3:30pm, Haxtun Community Center, 125 E. Wilson Street, Haxtun, CO 80731 \*\*Registration is open\*\* Course ID# 1033731
- Wednesday, January 23, 2013, 8:00am 3:30pm, DoubleTree Hotel by Hilton, 1775 East Cheyenne Mountain Boulevard, Colorado Springs, CO 80906 \*\*Registration is open\*\* Course ID# 1033731
- Thursday, January 24, 2013, 8:00am 3:30pm, Otero Junior College Student Center Conference Room, 2001 San Juan Avenue, La Junta, CO 81050 \*\*Registration is open\*\* Course ID# 1033731
- Featuring Special Guest Speaker: Dorothy Espelage, Ph.D., University of Illinois, Urbana-Champaign
- **Designed for:** administrators, teachers, PBIS teams, school safety teams, school mental health professionals
- No charge for Colorado participants. Space is limited and registration is required.
- Registration Instructions: Please go to <a href="www.co.train.org">www.co.train.org</a>. Set up a learner account and register for the Symposium location and date using the course ID number: 1033731. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
- See the Upcoming Bullying Prevention Institutes Flyer for more information.

## Adult Sexual Misconduct in Schools: Prevention & Management – Sponsored by Colorado School Safety Resource Center and Colorado Association of School Boards

- Thursday, December 6, 2012, 4:00pm 6:00pm, Haxtun Community Center, 125 E. Wilson Street, Haxtun, CO 80731 \*\*Registration is open\*\* Course ID# 1037163
- Thursday, January 24, 2013, 4:00pm 6:00pm, Otero Junior College Student Center Conference Room, 2001 San Juan Avenue, La Junta, CO 81050 \*\*Registration is open\*\* Course ID# 1037163
- **Designed for**: Administrators, human resources professionals, school board members and any other interested parties
- No charge for Colorado participants. Space is limited and registration is required.
- Registration Instructions: Please go to <a href="www.co.train.org">www.co.train.org</a>. Set up a learner account and register for the Symposium location and date using the course ID number: 1037163. You will need Internet Explorer to register through the CO Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
- See the <u>Upcoming Adult Sexual Misconduct in Schools Flyer</u> for more information.

# **CURRENT EVENTS AND ANNOUNCEMENTS**

## ❖ Great American Smokeout

- November 15, 2012
- The U.S. Surgeon General has said that smoking remains the single most preventable case of premature death in our society.
- Use this day to encourage all tobacco users to demonstrate that they can quit for a day and perhaps longer.
- Click here for school promotion ideas and then scroll down...
- Youth tobacco prevention resources...

#### 14<sup>th</sup> Annual International Survivors of Suicide Day

Annual Day of Healing for Bereavement After Suicide, November 17, 2012

- Survivors of suicide loss come together at healing conferences in their communities and online for support and guidance.
- Colorado Chapter of American Foundation for Suicide Prevention is hosting an event in Highlands Ranch
- 8:30am-12:00pm, Jubilee Fellowship Church, 8200 Southpark Circle, Highlands Ranch, CO 8012

#### Colorado Association of School Boards Annual Convention

- November 29 December 2, 2012, The Broadmoor Hotel, Colorado Springs, CO
- School board members, superintendents and other school leaders will find fresh ideas, proven strategies, the latest on key education issues, and a collaborative spirit to help them Rise to the Challenge.
- Click here to see the flyer...
- Click here for registration information...

## National Drug Facts Week

- National Drug Facts Week is an opportunity for teens to interact with scientists and other experts about drug abuse. Help teens shatter the myths about drugs by hosting and promoting an event during the week of January 28 to February 3, 2013. To help you, the National Institute on Drug Abuse (NIDA) provides a toolkit with step-by-step suggestions for planning and promoting your event.
- Click here for the flyer...

## **CSSRC ONLINE COURSE OFFERINGS**

## Crisis Planning for an Off-Campus Event

- Learn how to prepare your school with the Colorado School Safety Resource Center's new NO-COST online learning module, "Crisis Planning for an Off-Campus Event."
- The training works best with Internet Explorer web browser. To access the training:
  - 1. Go to www.co.train.org
  - 2. Sign in or create a new account. You will already have an account if you have attended CSSRC inperson trainings in the past.
  - 3. Search for Course ID 1026872
  - 4. This course counts as one hour of professional training. A printable certificate will be available upon completion of the course.

#### ❖ Bullying Prevention & Intervention Under Colorado Law

- Keep yourself and your school informed about Colorado laws (HB 11-1254) and best practices
  regarding bullying with the Colorado School Safety Resource Center's new NO-COST online learning
  module, "Bullying Prevention & Intervention Under Colorado Law."
- The training works best with Internet Explorer web browser. To access the training:
  - 1. Go to www.co.train.org
  - 2. Sign in or create a new account. You will already have an account if you have attended CSSRC inperson trainings in the past.
  - 3. Search for Course ID 1034235
  - 4. This course counts as one hour of professional training. A printable certificate will be available upon completion of the course.

## OTHER COLORADO TRAININGS

## ASIST Applied Suicide Intervention Skills Training—Denver Metro Area

- November 7-8, 2012, 7:30am-4:00pm both days, Louviers Village Clubhouse, 7865 Louviers Boulevard, Louviers, CO
- February 6-7, 2013, 7:30am-4:00pm both days
- April 4-5, 2013, 7:30am-4:00pm both days
- June 13-14, 2013, 7:30am-4:00pm both days
- Made possible by: Douglas County School District, Douglas County Sheriff's Office, Douglas County Suicide Prevention Alliance, South Metro Out of the Darkness Community Walk, and American Foundation for Suicide Prevention.
- Full 2-day training will teach participants suicide "first-aid" by recognizing a person-at-risk, keeping the person safe, and assisting the person in seeking further help.
- Click here for more information...

## Colorado Society of School Psychologists Fall 2012 Conference

- November 8-10, 2012, Park Hyatt Resort & Spa, Beaver Creek, Colorado
- The Colorado Society of School Psychologists empowers school psychologists by advancing effective practices to improve Colorado students' learning, behavior, and mental health.
- The Colorado Department of Education, <u>PAR Inc.</u>, <u>Pearson</u> & <u>Sopris West</u> present the conference titled: Integrative Social-Emotional & Behavioral Interventions: Competence, Caring & Community
- 35 workshops including "Creating a Positive School Climate—Bullying Prevention and Intervention" on Friday, November 9<sup>th</sup> from 2:00pm-5:00pm presented by CSSRC Director, Chris Harms, the Colorado Department of Education, the Anti-Defamation League and One Colorado.
- Please see the <u>flyer</u> for more information...

# **❖ ASIST Applied Suicide Intervention Skills Training—Western Colorado**

- November 18-19, 2012, 8:30am-4:30pm both days, Colorado Mesa University Student Center, 1100
   North Avenue, Grand Junction, CO 81501
- January 17-18, 2013, 8:30am-4:30pm both days
- March 28-29, 2013, 8:30am-4:30pm both days
- May 9-10, 2013, 8:30am-4:30pm both days
- Full interactive 2-day workshop that prepares people from all backgrounds to provide suicide first aid and interventions
- Workshop fee: \$75
- Registration: email to <u>Director@suicidepreventionfoundation.org</u>. Make sure your subject line mentions "ASIST Registration".

## The Colorado Implementation Collaborative (CIC) in partnership with The Colorado Trust – Convening for Colorado

- December 6, 2012, 9:00am-noon, Anschutz Medical Campus, Education 2 South, Auditorium (1<sup>st</sup> floor, room 1102), 13121 East 17<sup>th</sup> Avenue, Aurora, CO 80045
- "Implementation Science 201: The "HOW" of High Quality and sustainable Implementation" with Dr. Dean Fixen
- Registration: R.S.V.P. to Allison.Tapia@state.co.us. Space is limited!!
- Click here for more information...

## **ONLINE TRAININGS**

#### Courses

- Sources of Strength: Preventing Suicide among High School Students through Peer Leadership and Adult Mentoring
  - Presented by the Suicide Prevention Resource Center (SPRC).
  - <u>Sources of Strength</u> (<u>NREPP</u> and <u>SPRC-BPR Section I</u>) is a program that trains diverse high school students to serve as peer leaders and connects them with adult advisors at school and in the community. With support from the advisors, the peer leaders conduct well-defined messaging activities intended to change peer group norms influencing coping practices and problem behaviors (e.g., self-harm, drug use, unhealthy sexual practices).
  - Access the slides and a recording of the webinar

# **CURRENT GRANT OPPORTUNITIES**

- Colorado Safe Routes to School
  - Applications due December 7, 2012 by 4:00pm
  - Funded by the Colorado Department of Transportation
  - Colorado Safe Routes to School (SRTS) uses a comprehensive approach to make school routes safe for
    children when walking and bicycling to school. CDOT administers Colorado's SRTS program. In
    Colorado, many communities, parents and schools are fostering a safe environment for their students by
    using SRTS programs to not only fund education and safe infrastructure, but also to encourage healthy
    options for our children that are safe for both walking and bicycling.
  - School districts and local education agencies are among the groups who are invited to apply.
  - For more information and the application...

# Colorado Legacy Foundation Extended Learning Opportunities Pilot

- Applications due December 14, 2012 by 11:00am
- Funded by the Colorado Legacy Foundation made possible by the Ford Foundation
- CLF, in partnership with the Colorado Department of Education (CDE), is leading a multi-stage multi-year strategic plan which includes raising and distributing funds to seed, document, and replicate innovative practices, programs, services, and approaches in line with Colorado's vision for ELO, an innovative teaching and learning platform designed to ignite the unique potential of every student through the creation and delivery of dramatically personalized learning experiences. Once these projects are developed, implemented, and documented, they will be used as proof points to engage a broader set of schools and districts, as well as to drive a policy agenda that supports broad implementation of key ELO elements.
- Award amounts vary.
- For more information and the application...

# **RESOURCES**

#### Research and Statistics Resources

- The Chronicle of Evidence-Based Mentoring
  - The National Mentoring Partnership has released <u>The Chronicle of Evidence-Based Mentoring</u>, a new online newsletter for mentoring professionals. The newsletter will highlight new research findings and ideas about youth mentoring and will provide practitioners a forum to share their experiences.
  - Read the newsletter online.

## Effects and Consequences of Underage Drinking

- Bulletin released September 2012 by the Office of Juvenile Justice and Delinquency Prevention (OJJDP)
  presenting findings from a literature review that investigated how drinking can affect a youth's physical,
  emotional, and neurological health. Also discusses personal, legal, and economic consequences of
  underage drinking.
- To read the bulletin...

## Healthy Kids Colorado Survey Factsheets

- In the fall of 2011, a total of 1,614 students in 33 public middle schools and 1,523 students in 33 public high schools throughout Colorado completed the Healthy Kids Colorado Survey (HKCS), which includes components of the Centers for Disease Control and Prevention's Youth Risk Behavior Survey (YRBS).
- Colorado achieved sufficient participation in 2011 from selected schools and students that data was able to be weighted and can be considered representative of students in Colorado in grades 9-12.
- Download the Middle School fact sheet
- Download the High School fact sheet
- Download the Alcohol, Tobacco and Other Drugs fact sheet
- Learn more about the Healthy Kids Colorado Survey
- Learn more about OMNI.org

# National Association of State Directors of Pupil Transportation Services National Stop Arm Violation Count Survey Results on Illegal Bus Passing

- While school buses remain incredibly safe, students who ride in buses are most vulnerable when they are outside the bus in the "danger zone".
- View the Near Miss Video
- Read the Press Release
- Learn more about the National Stop Arm Violation Count

#### **Prevention Resources**

## Family Checkup

- National Institute on Drug Abuse (NIDA) has launched Family Checkup, an online resource that equips parents with research-based skills to help keep children drug free.
- Click here to check out Family Checkup...

## Measuring School Climate: A Toolkit for Districts and Schools

- Effective approaches to addressing bullying focus on improving school climate as a key approach to
  prevent bullying in addition to teaching adults and students skills to appropriately respond to bullying
  when it occurs. Given the importance of school climate in bullying prevention, we recommend that
  districts and schools focus on measuring school climate rather than narrowly focusing on measuring
  bullying.
- This toolkit provides guidelines for measuring school climate, assessing readiness, obtaining parent consent, using multiple sources of data to monitor climate, conducting a focus group, communicating your results, and includes a comparison of common climate surveys.
- Click here for more information...

## National Strategy for Suicide Prevention

- A report of the <u>US Surgeon General</u> and the <u>National Action Alliance for Suicide Prevention</u>
- The revised strategy emphasizes the role every American can play in protecting friends, family members, and colleagues from suicide. It also provides guidance that takes into account nearly a decade of research and other advancements in the field since the last strategy was published. The strategy includes 13 goals and 60 objectives across four strategic directions: wellness and empowerment; prevention services; treatment and support services; and surveillance, research, and evaluation.
- The audience for the strategy includes prevention professionals, researchers, community coalitions, educators, media, policymakers, program planners, administrators, project managers, and public health professionals, among others.
- For more information...
- Click here to watch a recording of the webinar...

#### ❖ PEERx

- An initiative of the National Institute on Drug Abuse (NIDA)
- Aims to empower teens to avoid prescription drug abuse
- Please see the PEERx website for more information
- Activity Guide provides ideas for engaging educational activities

## Preventing Suicide: A Toolkit for High Schools

- Created by the Substance Abuse and Mental Health Services Administration (SAMHSA) in June, 2012
- Assists high schools and school districts in designing and implementing strategies to prevent suicide and promote behavioral health. Includes tools to implement a multi-faceted suicide prevention program that responds to the needs and cultures of students.
- For information on the Toolkit...

## Safe and Supportive Schools in the Classroom

- This training toolkit is made up of two modules that address bullying in classrooms. Specifically, it is designed to assist teachers in cultivating meaningful relationships with students while creating a positive climate in the classroom.
- Click here for more information...

#### Safe and Supportive Schools on the School Bus

- The U.S. Department of Education's Office of Safe and Healthy Students and the Safe and Supportive Schools Technical Assistance Center partnered with the National Association for Pupil Transportation (NAPT) to coordinate a special event on *Creating a Safe and Respectful Environment on Our Nation's* School Buses.
- The purpose of the event was to bring together national and state leaders, representatives of key
  education organizations, and other federal agencies who want to improve working conditions for our
  nation's school bus drivers, create a safe a respectful environment on our schools buses, and create
  confidence and partnerships in school with administrators, teachers, parents, students and community
  members.
- Click here for more information...

#### Preparedness Resources

## Heads Up! TBI and Concussion Awareness

- The US Department of Health and Human Services, the <u>Centers for Disease Control and Prevention</u> are teaming together to educate parents, kids and teens about traumatic brain injuries and concussion awareness.
- Follow this link to watch Kurt Warner's Heads Up PSA on YouTube

## Safe Start Center Toolkit for Schools

- As the <u>National Survey for Children Exposed to Violence</u> has shown, children's exposure to home and community violence is prevalent in the U.S. Exposure to traumatic events is often unexpected and can leave educators with many uncertainties about what to do next. Faced with students struggling to cope and a community struggling to respond, schools need reliable information, practical tools, and pragmatic guidance. Safe Start Center's Toolkit for Schools is a collection of resources for school administrators and teachers to learn more about the prevalence and negative consequences of children's exposure to violence and how they can help.
- Please see the Safe Start Center Toolkit for Schools for more information...

#### Other Resources

## Higher Education Center for Alcohol, Drug Abuse and Violence Prevention

- Effective October 31<sup>st</sup> at 5:00pm EDT, the higheredcenter.ed.gov website will be unavailable to the public.
- All of the resources will be transferred to the U.S. Department of Education where they will be made available in the future.

# Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow @CoSSRC on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any Pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (<a href="www.Colorado.gov/SchoolSafetyResourceCenter">www.Colorado.gov/SchoolSafetyResourceCenter</a>) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



# Thank you for supporting safe and positive schools in Colorado!

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# Supporting Safe and Positive Colorado Schools